

## Solanco High School Menu August/September 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26 Hot Ham & Cheese on Pretzel Roll French Fries California Blend Vegetables Fruit Milk	27 Nacho Grande with Tortilla Chips Lettuce/Cheese/Corn/Salsa Refried Beans Fruit Milk	28 Popcorn Chicken Bowl Whole Grain Roll Mashed Potatoes/Gravy Corn Fruit Milk	29 Buffalo Chicken Pizza Tossed Salad Whole Grain Cookie Fruit Milk	30  <b>NO SCHOOL</b>  <b>LABOR DAY HOLIDAY</b>
2  <b>NO SCHOOL</b>  <b>LABOR DAY HOLIDAY</b>	3 Pulled Pork BBQ on WG Roll French Fries Baked Beans Fruit Milk	4 General Tso Chicken Brown Rice Steamed Broccoli Fruit Milk	5 Pizza Cheese Crunchers Tossed Salad Fruit Milk	6 Chicken Tenders Whole Grain Roll Green Beans Curly Fries Fruit Milk
9 Chicken Patty on WG Bun French Fries Steamed Broccoli Fruit Milk	10 Traveling Taco Lettuce/Cheese/Salsa Rice Refried Beans Corn Fruit Milk	11 Wings Tater Tots Celery Sticks and Dip WG Roll Fruit Milk	12 Hot Ham & Cheese on Pretzel Roll Curly Fries California Blend Vegetables Fruit Milk	13 Pizza Tossed Salad Whole Grain Cookie Fruit Milk
16 Pancakes Sausage Patty Hash Brown Fruit Milk	17 Macaroni and Cheese Soft Pretzel Rod Stewed Tomatoes Steamed Broccoli Fruit Milk	18 Popcorn Chicken Bowl Whole Grain Roll Mashed Potatoes/Gravy Corn Fruit Milk	19 Bacon Cheeseburger on WG Bun Baked Beans Onion Rings Fruit Milk	20 Pizza Sticks with Marinara Sauce Tossed Salad Fruit Milk
23 Chicken Alfredo over Penne Pasta Green Beans Fruit Milk	24 Nacho Grande with Tortilla Chips Lettuce/Cheese/Corn/Salsa Refried Beans Fruit Milk	25 General Tso Chicken Brown Rice Steamed Broccoli Fruit Milk	26 Cheesesteak Sandwich on WG Roll Sweet Potato Fries Baked Apple Crisp Milk	27 Chicken Tenders Whole Grain Roll Curly Fries Peas Fruit Milk
30 Hot Ham & Cheese on Pretzel Roll French Fries California Blend Vegetables Fruit Milk	Menu subject to change without notice Student Lunch \$2.50 Milk \$.50  Carrot Sticks, Salad, Juice Cups, and Fresh/Canned Fruit offered everyday			

**Breakfast Served Daily**  
**7:15 am - 7:40 am**  
**\$1.40**

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and premade salads

*"This institution is an equal opportunity provider."*