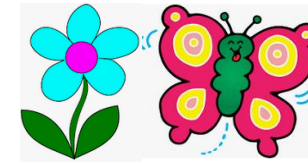




MAY

2019 Middle School Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Mini French Toast	2 Pancake Sausage on a Stick	3 Breakfast Sandwich
		Traveling Taco Lettuce, Tomato, Salsa Sweet Corn Choice of Fruit Choice of Milk	Solanco Sub on Whole Grain Roll Lettuce, Tomato, Onion, Pickles Carrot Sticks Choice of Fruit and Milk	Chicken Tenders with Whole Grain Roll Shoestring Fries California Blend Vegetables Choice of Fruit and Milk
6 Chocolate Chip French Toast	7 Breakfast Wrap	8 Breakfast Pizza	9 Mini Waffles	10 Blueberry Pancakes
Pulled Pork Bar-B-Q on Whole Grain Roll Sweet Potato Puffs Green Beans Choice of Fruit and Milk	Chicken Fries with Whole Grain Roll Onion Rings Glazed Carrots Choice of Fruit and Milk	Cheeseburger on Whole Grain Roll Lettuce, Tomato, Onion, Pickle Oven Fries Baked Beans Choice of Fruit and Milk	Pizza Cheese Crunchers Garden Salad Fresh Broccoli Choice of Fruit Choice of Milk	Nacho Grande with Meat & Cheese Sauce Lettuce, Tomato, Salsa Sweet Corn Choice of Fruit and Milk
13 Mini Cinnis	14 Bacon Breakfast Boat	15 Fruit & Yogurt Parfait	16 Mini Pancakes	17 Pancake Sausage on a Stick
Corn Dog Nuggets Steamed Broccoli Baked Beans Choice of Fruit Choice of Milk	French Toast Sticks with Syrup Sausage Patty Hash Browns Carrot Sticks Choice of Fruit and Milk	Popcorn Chicken Bowl with Whole Grain Roll Mashed Potatoes Corn Choice of Fruit and Milk	Hot Ham & Cheese on Pretzel Roll Sweet Potato Fries Veggies & Dip Choice of Fruit and Milk	Stuffed Crust Pizza Tossed Salad Chick Peas Whole Grain Cookie Choice of Fruit and Milk
20 Apple Frudel	21 Breakfast Sandwich	22 Breakfast Wrap	23 Blueberry Pancakes	24 Breakfast Pizza
Chicken Wings with Whole Grain Roll Glazed Carrots Tater Tots Choice of Fruit and Milk	Macaroni & Cheese with Soft Pretzel Rod Stewed Tomatoes Steamed Broccoli Choice of Fruit and Milk	Taco with Meat & Cheese Brown Rice Lettuce, Tomato, Salsa Refried Beans Choice of Fruit and Milk	Bosco Cheese Sticks with Marinara Sauce Garden Salad Carrot Sticks Choice of Fruit and Milk	Chicken Nuggets with Whole Grain Roll Curly Fries Mixed Vegetables Choice of Fruit and Milk
27 NO SCHOOL	28 Mini French Toast	29 Strawberry Bagel	30 Mini Waffles	31 Breakfast Sandwich
	Pancakes with Syrup Sausage Links Hash Browns Celery Sticks 100% Fruit Juice, Fruit & Milk	General Tso Chicken Brown Rice Steamed Broccoli Carrot Sticks Choice of Fruit and Milk	 Choice of Fruit and Milk	Mickey's Pizza Tossed Salad Chick Peas Whole Grain Cookie Choice of Fruit and Milk

Alt. Pizza Sticks

Alt. Yogurt w/ Nature Valley Graham Crackers

Alt. Hot dog on Whole Grain Roll

Alt. Chicken Patty on Whole Grain Roll

Alt. Fish Sticks with Whole Grain Roll



**Reading
Is
Soooooo
Delicious!**

Choice of 1% White, non fat Chocolate, Strawberry and White Milk served with lunch every day

Peanut Butter & Jelly Sandwich is offered daily as the third entrée choice

100% Fruit Juice Slushies available every day

Menu subject to change without notice

Student Breakfast \$1.40

Student Lunch \$2.50

Milk \$.50

Breakfast entrée choices include Whole Grain Bars & Cereal everyday
Fruit, 100% Fruit Juice & assorted Milks offered with breakfast daily



To check your child's lunch account or to prepay for meals, visit www.k12paymentcenter.com

"This institution is an equal opportunity provider"