

Solanco High School Menu

May-19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Popcorn Chicken Bowl with Whole Grain Roll Mashed Potatoes/Gravy Corn Fruit Milk	2 Meatball Sandwich on WG roll Onion Rings Broccoli Fruit Milk	3 Buffalo Chicken Pizza Tossed Salad Whole Grain Cookie Fruit Milk
6 Meat sauce over Penne Pasta Green Beans Fruit Milk	7 Pulled Pork BBQ on WG Roll French Fries Baked Beans Fruit Milk	8 General Tso Chicken Brown Rice Steamed Broccoli Fruit Milk	9 Pizza Cheese Crunchers Tossed Salad Fruit Milk	10 Chicken Tenders Whole Grain Roll California Blend Curly Fries Fruit Milk
13 Chicken Patty on WG Bun French Fries Steamed Broccoli Fruit Milk	14 Traveling Taco Lettuce/Salsa Brown Rice Refried Beans Corn Fruit Milk	15 Wings Tater Tots Celery Sticks and Dip WG Roll Fruit	16 Hot Ham & Cheese on Pretzel Roll Curly Fries California Blend Vegetables Fruit Milk	17 Pizza Tossed Salad Whole Grain Cookie Fruit Milk
20 Pancakes Sausage Patty Hash Brown Fruit Milk	21 Macaroni and Cheese Soft Pretzel Rods Stewed Tomatoes Steamed Broccoli Fruit Milk	22 Popcorn Chicken Bowl with Whole Grain Roll Mashed Potatoes/Gravy Corn Fruit Milk	23 Bacon Cheeseburger on WG Bun Baked Beans Onion Rings Fruit Milk	24 Pizza Sticks with Marinara Sauce Tossed Salad Fruit Milk
27 NO SCHOOL	28 Nacho Grande (Tortilla Chips w/ Meat & Cheese) Lettuce/Salsa Corn Refried Beans Fruit Milk	29 General Tso Chicken Brown Rice Steamed Broccoli Fruit Milk	30 Cheese Steak Sandwich on WG Roll with Peppers and Onions Sweet Potatoes Fries Baked Apple Crisp Milk	31 Chicken Tenders Whole Grain Roll Green Beans Curly Fries Fruit Milk

Breakfast Served Daily
7:15 am - 7:40 am
\$1.40

Menu subject to change without notice
Student Lunch \$2.50
Milk \$.50

Carrot Sticks, Salad, Juice Cups, and Fresh/Canned Fruit offered everyday

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and premade salads

"This institution is an equal opportunity provider."