

APRIL

2019 Middle School Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Choc Chip French Toast Pulled Pork Bar-B-Q on Whole Grain Roll Sweet Potato Puffs Green Beans Choice of Fruit and Milk	2 Mini Waffles Chicken Fries with Whole Grain Roll Onion Rings Glazed Carrots Choice of Fruit and Milk	3 Strawberry Bagel Cheeseburger on Whole Grain Roll Lettuce, Tomato, Onion, Pickles Oven Fries Baked Beans Choice of Fruit and Milk	4 Apple Frudel Pizza Cheese Crunchers Garden Salad Fresh Broccoli Choice of Fruit Milk	5 Blueberry Pancakes Nacho Grande with Meat and Cheese Sauce Lettuce, Tomato, Salsa Sweet Corn Choice of Fruit and Milk
8 Mini Cinnis Corn Dog Nuggets Steamed Broccoli Baked Beans Choice of Fruit Choice of Milk	9 Breakfast Sandwich French Toast Sticks w/Syrup Sausage Patty Hash Browns Carrot Sticks 100% Fruit Juice, Fruit, Milk	10 Mini Pancakes Popcorn Chicken Bowl with Whole Grain Roll Mashed Potatoes Corn Choice of Fruit and Milk	11 Breakfast Pizza Hot Ham & Cheese on Pretzel Roll Sweet Potato Fries Veggies and Dip Choice of Fruit and Milk	12 Pancake/Sausage on a Stick Stuffed Crust Pizza Tossed Salad Chick Peas Whole Grain Cookie Choice of Fruit and Milk
15 Mini Pancakes Chicken Wings with Whole Grain Roll Winter Blend Vegetables Tater Tots Choice of Fruit and Milk	16 Egg & Cheese Breakfast Wrap Macaroni & Cheese with Soft Pretzel Rod Stewed Tomatoes Steamed Broccoli Choice of Fruit and Milk	17 Mini Bagel Taco with Meat & Cheese Brown Rice Lettuce, Tomato, Salsa Refried Beans Choice of Fruit and Milk	18 Mini Waffles Bosco Cheese Sticks with Marinara Sauce Garden Salad Carrot Sticks Choice of Fruit and Milk	19 NO SCHOOL 
22 NO SCHOOL 	23 Apple Frudel Pancakes w/Syrup Sausage Links Hash Browns Celery Sticks 100% Fruit Juice, Fruit, Milk	24 Mini French Toast General Tso Chicken with Brown Rice Steamed Broccoli Carrot Sticks Choice of Fruit and Milk	25 Bacon Breakfast Boat Cheese Steak Sub on Whole Grain Roll Baked Beans Oven Fries Choice of Fruit and Milk	26 Breakfast Sandwich Mickey's Pizza Leafy Green Salad Chick Peas Whole Grain Cookie Choice of Fruit and Milk
29 Mini Waffles Meatball Hoagie on Whole Grain Roll Baked Beans Potato Rounds Choice of Fruit and Milk	30 Egg & Cheese Breakfast Wrap Homemade Grilled Cheese On Whole Grain Bread Tomato Soup & Crackers Fresh Broccoli Choice of Fruit and Milk			

Alt. Pizza Sticks

Alt. Yogurt w/ Nature Valley Graham Crackers

Alt. Hog Dog on Whole Grain Roll

Alt. Chicken Patty on Whole Grain Roll

Alt. Fish Sticks with Whole Grain Roll

Choice of 1% White, non fat Chocolate, Strawberry and White Milk served with lunch every day

Peanut Butter & Jelly Sandwich is offered daily as the third entrée choice

100% Fruit Juice Slushies available every day

Menu subject to change without notice

Breakfast entrée choices include Whole Grain Bars & Cereal everyday
Fruit, 100% Fruit Juice & assorted Milks offered with breakfast daily

Student Breakfast \$1.40

Student Lunch \$2.50

Milk \$.50



To check your child's lunch account or to prepay for meals, visit www.k12paymentcenter.com

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