

# Solanco High School Menu

## Apr-19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Ravioli Whole Grain Roll California Blend Vegetables Fruit Milk	2 Pulled Pork BBQ on WG Roll French Fries Baked Beans Fruit Milk	3 General Tso Chicken Brown Rice Steamed Broccoli Fruit Milk	4 Pizza Cheese Crunchers Tossed Salad Fruit Milk	5 Chicken Tenders Whole Grain Roll Green Beans Curly Fries Fruit Milk
8 Chicken Patty on WG Bun French Fries Steamed Broccoli Fruit Milk	9 Traveling Taco Lettuce/Salsa Brown Rice Refried Beans Corn Fruit Milk	10 Wings Tater Tots Celery Sticks & Dip WG Roll Fruit Milk	11 Hot Ham & Cheese on Pretzel Roll Curly Fries California Blend Vegetables Fruit Milk	12 Pizza Tossed Salad Whole Grain Cookie Fruit Milk
15 Pancakes Sausage Patty Hash Brown Fruit Milk	16 Macaroni and Cheese Soft Pretzel Rods Stewed Tomatoes Steamed Broccoli Fruit Milk	17 Popcorn Chicken Bowl with Whole Grain Roll Mashed Potatoes/Gravy Corn Fruit Milk	18 Bacon Cheeseburger on WG Bun Baked Beans Onion Rings Fruit Milk	19 NO SCHOOL
22 NO SCHOOL	23 Nacho Grande (Tortilla Chips w/ Meat & Cheese) Lettuce/Salsa Corn Refried Beans Fruit Milk	24 General Tso Chicken Brown Rice Steamed Broccoli Fruit Milk	25 Cheese Steak Sandwich on WG Roll with Peppers and Onions Sweet Potatoes Fries Baked Apple Crisp Milk	26 Chicken Tenders Whole Grain Cookie Green Beans Curly Fries Fruit Milk
29 Hot Ham & Cheese on Pretzel Roll Curly Fries California Blend Vegetables Fruit Milk	30 Taco on Tortilla with Brown Rice Lettuce/Salsa Corn Refried Beans Fruit Milk			

**Breakfast Served Daily**  
7:15 am - 7:40 am  
\$1.40

Menu subject to change without notice  
Student Lunch \$2.50  
Milk \$.50

Carrot Sticks, Salad, Juice Cups, and Fresh/Canned Fruit offered everyday

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and premade salads

*"This institution is an equal opportunity provider."*