

Solanco High School Menu

Mar-19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Chicken Tenders Whole Grain Roll Curly Fries Green Beans Fruit Milk
4 Chicken Patty on Whole Grain Roll French Fries Steamed Broccoli Fruit Milk	5 Traveling Taco Lettuce/Salsa Brown Rice Refried Beans Corn Fruit Milk	6 Chicken Alfredo over Pasta Green Beans Fruit Milk	7 Hot Ham & Cheese on Pretzel Roll Curly Fries California Blend Vegetables Fruit Milk	8 Pizza Tossed Salad Whole Grain Cookie Fruit Milk
11 Mini Pancakes Sausage Patties Hash Browns Fruit Milk	12 Macaroni & Cheese Soft Pretzel Rods Stewed Tomatoes Steamed Broccoli Fruit Milk	13 Popcorn Chicken Bowl with Whole Grain Roll Mashed Potatoes Corn Fruit Milk	14 Bacon Cheeseburger on Whole Grain Roll Baked Beans Onion Rings Fruit Milk	15 Pizza Sticks with Marinara Sauce Tossed Salad Fruit Milk
18 Wings with Whole Grain Roll Tater Tots Celery Sticks & Dip Fruit Milk	19 Nacho Grande Tortilla Chips w/Meat & Cheese Lettuce/Salsa Corn Refried Beans Fruit Milk	20 General Tso Chicken Brown Rice Steamed Broccoli Fruit Milk	21 Cheese Steak Sandwich on Whole Grain Roll Sweet Potato Fries Baked Apple Crisp Milk	22 Chicken Tenders Whole Grain Roll Curly Fries Green Beans Fruit Milk
25 Hot Ham & Cheese on Pretzel Roll French Fries California Blend Vegetables Fruit Milk	26 Taco on Tortilla With Brown Rice Lettuce/Salsa Corn Refried Beans Fruit Milk	27 Popcorn Chicken Bowl with Whole Grain Roll Mashed Potatoes Corn Fruit Milk	28 Meatball Sandwich on Whole Grain Roll Onion Rings Broccoli Fruit Milk	29 Buffalo Chicken Pizza Tossed Salad Whole Grain Cookie Fruit Milk

Breakfast Served Daily
7:15 am - 7:40 am
\$1.40

Menu subject to change without notice
Student Lunch \$2.50
Milk \$.50

Carrot Sticks, Salad, Juice Cups, and Fresh/Canned Fruit offered everyday

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and premade salads

"This institution is an equal opportunity provider."