

# Solanco High School Menu

## Feb. 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Chicken Tenders Whole Grain Roll Green Beans Curly Fries Fruit Milk
4 Pancakes Sausage Links Hash Browns Fruit Milk	5 Macaroni & Cheese Soft Pretzel Rods Stewed Tomatoes Steamed Broccoli Fruit Milk	6 Popcorn Chicken Bowl with W G Roll Mashed Potatoes Corn Fruit Milk	7 Bacon Cheeseburger on WG Roll Baked Beans Onion Rings Fruit Milk	8 Pizza Sticks With Marinara Sauce Tossed Salad Fruit Milk
11 Wings with Whole Grain Roll Tater Tots Celery Sticks & Dip Fruit Milk	12 Nacho Grande Tortilla Chips w/Meat & Cheese Lettuce/Salsa Corn Refried Beans Fruit Milk	13 General Tso Chicken Brown Rice Steamed Broccoli Fruit Milk	14 Sloppy Joe on Whole Grain Roll Sweet Potato Fries Apple Crisp Fruit Milk	15 Chicken Tenders with Whole Grain Roll Curly Fries Green Beans Fruit Milk
18  NO  School	19 Taco on Tortilla Tortilla Chips w/Meat & Cheese w/Brown Rice Corn Refried Beans Fruit Milk	20 Popcorn Chicken Bowl w/ Whole Grain Roll Mashed Potatoes Corn Fruit Milk	21 Meatball Sandwich on Whole Grain Roll Onion Rings Broccoli Fruit Milk	22 Buffalo Chicken Pizza Tossed Salad Whole Grain Cookie Fruit Milk
25 Corn Dog Nuggets Tater Tots California Blend Vegetables Fruit Milk	26 Pulled Pork BBQ on Whole Grain Roll French Fries Baked Beans Fruit Milk	27 General Tso Chicken Brown Rice Steamed Broccoli Fruit Milk	28 Pizza Cheese Crunchers Marinara Sauce Tossed Salad Fruit Milk	

**Breakfast Served Daily**  
7:15 am - 7:40 am  
\$1.40

Menu subject to change without notice  
Student Lunch \$2.50  
Milk \$.50

Carrot Sticks, Salad, Juice Cups, and Fresh/Canned Fruit offered everyday

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and premade salads

*"This institution is an equal opportunity provider."*