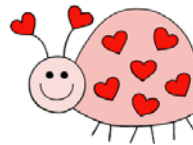


February



2019 Middle School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pancake/Sausage on a Stick
				Stuffed Crust Pizza Tossed Salad Chick Peas Whole Grain Cookie Choice of Fruit and Milk
4 Apple Frudel	5 Mini Pancakes	6 Breakfast Pizza	7 Breakfast Wrap	8 Mini Waffles
Chicken Wings with Whole Grain Roll Winter Blend Vegetables Tater Tots Choice of Fruit and Milk	Macaroni & Cheese with Soft Pretzel Rod Stewed Tomatoes Steamed Broccoli Choice of Fruit and Milk	Taco with Meat & Cheese Brown Rice Lettuce, Tomato, Salsa Refried Beans Choice of Fruit and Milk	Cheese Calzones Garden Salad Carrot Sticks Whole Grain Cookie Choice of Fruit and Milk	Chicken Nuggets with Whole Grain Roll Seasoned Curly Fries Mixed Vegetables Choice of Fruit and Milk
11 Chocolate Chip French Toast	12 Breakfast Sandwich	13 Fruit & Yogurt Parfait	14 Strawberry Bagel	15 Blueberry Pancakes
General Tso Chicken Brown Rice Steamed Broccoli Carrot Sticks Choice of Fruit and Milk	Pancakes w/Syrup Sausage Links Hash Brown Celery Sticks 100% Fruit Juice, Fruit, Milk	Turkey & Cheese Deli Sandwich Lettuce, Tomato, Onion, Pickles Sweet Potato Puffs Green Beans Choice of Fruit and Milk	Cheese Steak Sub on Whole Grain Roll Baked Beans Oven Fries Choice of Fruit and Milk	Mickey's Pizza Leafy Green Salad Chick Peas Whole Grain Cookie Choice of Fruit and Milk
18 NO SCHOOL	19 Bacon Breakfast Boat	20 Mini Waffles	21 Mini Pancakes	22 Mini French Toast
 Presidents' Day	Homemade Grilled Cheese on Whole Grain Bread Tomato Soup & Crackers Fresh Broccoli Choice of Fruit and Milk	Traveling Taco Lettuce, Tomato, Salsa Sweet Corn Choice of Fruit Choice of Milk	Solanco Sub Lettuce, Tomato, Onion, Pickles Carrot Sticks Choice of Fruit Choice of Milk	Chicken Tenders with Whole Grain Roll Oven Fries Baked Beans Choice of Fruit and Milk
25 Mini Cinnis	26 Pancake Sausage on a Stick	27 Breakfast Sandwich	28 Breakfast Pizza	
Meatball Hoagie on Whole Grain Roll Tater Tots Green Beans Choice of Fruit and Milk	Chicken Fries with Whole Grain Roll Onion Rings Glazed Carrots Choice of Fruit and Milk	Cheeseburger on Whole Grain Roll Lettuce, Tomato, Onion, Pickles Oven Fries Baked Beans Choice of Fruit and Milk	Pizza Cheese Crunchers Garden Salad Fresh Broccoli Choice of Fruit Choice of Milk	

Alt. Pizza Sticks

Alt. Yogurt w/ Nature
Valley Graham Crackers

Alt. Hog Dog
on Whole Grain Roll

Alt. Chicken Patty
on Whole Grain Roll

Alt. Fish Sticks
with Whole Grain Roll

Choice of 1% White, non fat Chocolate, Strawberry and White Milk served with lunch every day

Peanut Butter & Jelly Sandwich is offered daily as the third entrée choice

100% Fruit Juice Slushies available every day

Menu subject to change without notice

Student Breakfast \$1.40

Student Lunch \$2.50

Milk \$.50



To check your child's lunch account or to prepay for meals, visit www.k12paymentcenter.com

"This institution is an equal opportunity provider"