



2018 Middle School Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Breakfast Sandwich Pizza Tossed Salad Chick Peas Whole Grain Cookie Choice of Fruit and Milk
4 Mini Cinnis	5 Breakfast Wrap	6 Apple Frudels	7 Bacon Breakfast Boats	8 Mini Pancakes
 General Tso Chicken with Brown Rice Steamed Broccoli Carrot Sticks Choice of Fruit and Milk	Homemade Grilled Cheese on Whole Grain Bread Tomato Soup & Crackers Fresh Broccoli Choice of Fruit and Milk	Traveling Taco Lettuce, Tomato, Salsa Sweet Corn Choice of Fruit Choice of Milk	 Chicken Nuggets with Whole Grain Roll Shoestring Fries Baked Beans Choice of Fruit and Milk	
11 Chocolate Chip French Toast	12 Strawberry Bagel			
	No Lunch Early Dismissal			



Alt. Pizza Sticks

Alt. Yogurt w/ Nature Valley Graham Crackers

Alt. Hot Dog on Whole Grain Roll

Alt. Chicken Patty on Whole Grain Roll

Alt. Fish Sticks with Whole Grain Roll

Choice of 1% White, non fat Chocolate, Strawberry and White Milk served with lunch every day

Peanut Butter & Jelly Sandwich is offered daily as the third entrée choice

100% Fruit Juice Slushies available every day

Menu subject to change without notice

Breakfast entrée choices include Whole Grain Bars & Cereal everyday
Fruit, 100% Fruit Juice & assorted Milks offered with breakfast daily



Student Breakfast \$1.40

Student Lunch \$2.50

Milk \$.50

To check your child's lunch account or to prepay for meals, visit www.k12paymentcenter.com

"This institution is an equal opportunity provider"