

# Solanco High School Menu

## Mar-18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Meatball Sandwich on WG Roll Onion Rings Steamed Broccoli Fruit Milk	2 Buffalo Chicken Pizza Tossed Salad Whole Grain Cookie Fruit Milk
5 Mini Pancakes Sausage Links Hash Browns Fruit Milk	6 Pulled Pork BBQ on WG Roll French Fries Baked Beans Fruit Milk	7 General Tso Chicken Brown Rice Steamed Broccoli Fruit Milk	8 Turkey & Gravy Whole Grain Roll Mashed Potatoes Corn Fruit Milk	9 Chicken Tenders Whole Grain Roll Green Beans Curly Fries Fruit Milk
12 Chicken Patty on WG Bun French Fries Steamed Broccoli Fruit Milk	13 Traveling Taco Lettuce/Cheese/Salsa Rice Refried Beans Corn Fruit Milk	14 Penne Pasta with Chicken Marinara or Alfredo Sauce Green Beans Fruit Milk	15 Hot Ham & Cheese on Pretzel Roll Curly Fries Sliced Carrots Fruit Milk	16 Stuffed Crust Pizza Tossed Salad Whole Grain Cookie Fruit Milk
19 French Toast Sticks Sausage Patty Hash Brown Fruit Milk	20 Ravioli Breadstick Steamed Broccoli Fruit Milk	21 Popcorn Chicken Bowl Whole Grain Roll Mashed Potatoes/Gravy Corn Fruit Milk	22 Bacon Cheeseburger on WG Bun Baked Beans Onion Rings Fruit Milk	23 Pizza Sticks with Marinara Sauce Tossed Salad Fruit Milk
26 Taco on Tortilla with Brown Rice Lettuce/Cheese/Corn/Salsa Refried Beans Fruit Milk	27 General Tso Chicken Brown Rice Steamed Broccoli Fruit Milk	28 Cheesesteak Sandwich on WG Roll Cheese Sauce Sweet Potato Fries Baked Apple Crisp Milk	29 Chicken Tenders Whole Grain Roll Curly Fries Green Beans Fruit Milk	30 <b>No School</b>  <b>Easter Holiday</b>

**Breakfast Served Daily**  
7:15 am - 7:40 am  
\$1.40

Menu subject to change without notice  
Student Lunch \$2.50  
Milk \$.50

Carrot Sticks, Salad, Juice Cups, and Fresh/Canned Fruit offered everyday

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and premade salads

*"This institution is an equal opportunity provider."*