

# January

## 2018 Middle School Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>NO SCHOOL</b>	2 Strawberry Bagel	3 Chocolate Chip French Toast	4 Breakfast Sandwich	5 Mini Waffles
	Macaroni & Cheese with Soft Pretzel Rod Stewed Tomatoes Steamed Broccoli Choice of Fruit/Milk	Taco with Meat & Cheese Brown Rice Lettuce, Tomato, Salsa Refried Beans Choice of Fruit/Milk	Solanco Sub Lettuce, Tomato, Onion, Pickles Veggies & Dip Choice of Fruit Milk	Chicken Nuggets with Whole Grain Roll Curly Fries Glazed Carrots Choice of Fruit/Milk
8 Apple Frudel	9 Bacon Breakfast Boat	10 Breakfast Wrap	11 Mini French Toast	12 Blueberry Pancakes
General Tso Chicken Brown Rice Steamed Broccoli Carrot Sticks Choice of Fruit/Milk	French Toast Sticks Sausage Links Hash Brown Celery Sticks 100% Fruit Juice/Fruit/Milk	Turkey & Cheese Deli Sandwich Lettuce, Tomato, Onion, Pickles Sweet Potato Puffs Green Beans Choice of Fruit/Milk	Sloppy Joe on Whole Grain Bun Baked Beans Oven Fries Choice of Fruit/Milk	Mickey's Pizza Tossed Salad Chick Peas Whole Grain Cookie Choice of Fruit/Milk
15 <b>NO SCHOOL</b>	16 Mini Cinnis	17 Strawberry Parfait	18 Breakfast Sandwich	19 Pancake/Sausage on a Stick
	Homemade Grilled Cheese on Whole Grain Bread Tomato Soup Fresh Broccoli Choice of Fruit/Milk	Traveling Taco Lettuce, Tomato, Salsa Sweet Corn Choice of Fruit Milk	Pizza Cheese Crunchers Tossed Salad Carrot Sticks Choice of Fruit Milk	Chicken Tenders with Whole Grain Roll Curly Fries Mixed Vegetables Choice of Fruit/Milk
22 Chocolate Chip French Toast	23 Mini Pancakes	24 Breakfast Pizza	25 Mini Waffles	26 Apple Frudel
Pulled Pork Bar-B-Q on Whole Grain Roll Sweet Potato Puffs Green Beans Choice of Fruit/Milk	Chicken Fries with Whole Grain Roll Onion Rings Mixed Vegetables Choice of Fruit/Milk	Cheeseburger on Whole Grain Roll Lettuce, Tomato, Onion, Pickle Oven Fries Baked Beans Choice of Fruit/Milk	Cheese Calzone Garden Salad Carrot Sticks Choice of Fruit Milk	Nacho Grande with Meat & Chees Sauce Lettuce, Tomato, Salsa Sweet Corn Choice of Fruit/Milk
29 Mini Cinnis	30 Blueberry Pancakes	31 Bacon Breakfast Boat		
Corn Dog Nuggets Steamed Broccoli Baked Beans Choice of Fruit Milk	Hot Ham & Cheese on Pretzel Roll Potato Rounds Peas Choice of Fruit/Milk	Popcorn Chicken Bowl with Whole Grain Roll Mashed Potatoes Corn Choice of Fruit/Milk		

Alt. Pizza Sticks

Alt. Yogurt w/ Nature Valley Graham Crackers

Alt. Hog Dog on Whole Grain Roll

Alt. Chicken Patty on Whole Grain Roll

Alt. Fish Sticks with Whole Grain Roll



Choice of 1% White, non fat Chocolate, Strawberry and White Milk served with lunch every day

Peanut Butter & Jelly Sandwich is offered daily as the third entrée choice

100% Fruit Juice Slushies available every day

Menu subject to change without notice

Student Breakfast \$1.40

Student Lunch \$2.50

Milk \$.50



To check your child's lunch account or to prepay for meals, visit [www.k12paymentcenter.com](http://www.k12paymentcenter.com)

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