

August **September** Middle School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Apple Frudel Pulled Pork BBQ on Whole Grain Roll Sweet Potato Puffs Green Beans Choice of Fruit/Milk	29 Mini Pancakes Chicken Fries Whole Grain Roll Onion Rings California Blend Vegetables Choice of Fruit/Milk	30 Bacon Breakfast Boat Cheeseburger on Whole Grain Roll Lettuce, Tomato, Onion, Pickle Oven Fries Baked Beans Choice of Fruit/Milk	31 Chocolate Chip French Toast Cheese Calzone Garden Salad Carrot Sticks Choice of Fruit Milk	1 NO SCHOOL
4 NO SCHOOL 	5 Mini Waffles Corn Dog Nuggets Steamed Broccoli Baked Beans Choice of Fruit Milk	6 Breakfast Wrap Chicken Bowl (Popcorn Chicken, Corn Mash Potatoes, Gravy) Whole Grain Roll Choice of Fruit/Milk	7 Mini Cinnis Hot Ham & Cheese on Pretzel Roll Potato Rounds Veggies & Dip Choice of Fruit/Milk	8 Blueberry Pancakes Stuffed Crust Pizza Tossed Salad Whole Grain Cookie Choice of Fruit Milk
11 Mini French Toast Chicken Wings Whole Grain Roll Glazed Carrots Tater Tots Choice of Fruit/Milk	12 Breakfast Pizza Macaroni & Cheese Soft Pretzel Rod Stewed Tomatoes Steamed Broccoli Choice of Fruit/Milk	13 Strawberry Parfait Taco Meat with Cheese Sauce Brown Rice Lettuce, Tomato, Salsa Refried Beans Choice of Fruit/Milk	14 Breakfast Sandwich Solanco Sub on Whole Grain Roll Lettuce, Tomato, Onion, Pickle Veggies & Dip Choice of Fruit/Milk	15 Apple Frudel Chicken Nuggets Whole Grain Roll Seasoned Curly Fries Mixed Vegetables Choice of Fruit/Milk
18 Mini Cinnis General Tso Chicken Brown Rice Steamed Broccoli Carrot Sticks Choice of Fruit/Milk	19 Chocolate Chip French Toast French Toast Sticks Sausage Links Hash Brown Celery Sticks 100% Fruit Juice/Milk	20 Mini Pancakes Hot Turkey & Cheese on Panini Bread Sweet Potato Puffs Green Beans Choice of Fruit/Milk	21 Breakfast Wrap Sloppy Joe on Whole Grain Roll Oven Fries Baked Beans Choice of Fruit/Milk	22 Mini Waffles Mickey's Pizza Tossed Salad Whole Grain Cookie Choice of Fruit Milk
25 Bacon Breakfast Boat Meatball Hoagie on Whole Grain Roll Baked Beans Potato Rounds Choice of Fruit/Milk	26 Breakfast Wrap Homemade Grilled Cheese on Whole Grain Bread Tomato Soup with Crackers Fresh Broccoli Choice of Fruit/Milk	27 Mini Cinnis Traveling Taco Lettuce, Tomato, Salsa Sweet Corn Choice of Fruit Milk	28 Mini Waffles Pizza Cheese Crunchers Tossed Salad Carrot Sticks Choice of Fruit Milk	29 Breakfast Sandwich Chicken Tenders Whole Grain Roll Shoestring Fries California Blend Vegetables Choice of Fruit/Milk

Alt. Pizza Sticks

Alt. Yogurt w/ Nature Valley Graham Crackers

Alt. Hot Dog on Roll

Alt. Chicken Patty

Alt. Fish Sticks



Choice of 1% White, non fat Chocolate, Strawberry and White Milk served with lunch every day

Peanut Butter & Jelly Sandwich is offered daily as the third entrée choice

Menu subject to change without notice

Student Breakfast \$1.40

Student Lunch \$2.50

Milk \$.50



To check your child's lunch account or to prepay for meals, visit www.k12paymentcenter.com

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