

# Solanco High School Menu

## August/September 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Hot Ham & Cheese on Pretzel Roll French Fries California Blend Vegetables Fruit Milk	1 Nacho Grande with Tortilla Chips Lettuce/Cheese/Corn/Salsa Refried Beans Fruit Milk	2 Popcorn Chicken Bowl Whole Grain Roll Mashed Potatoes/Gravy Corn Fruit Milk	3 Buffalo Chicken Pizza Tossed Salad Whole Grain Cookie Fruit Milk	4 <b>NO SCHOOL</b>  <b>LABOR DAY HOLIDAY</b>
7  <b>NO SCHOOL</b>  <b>LABOR DAY HOLIDAY</b>	8 Pulled Pork BBQ on WG Roll French Fries Baked Beans Fruit Milk	9 General Tso Chicken Brown Rice Steamed Broccoli Fruit Milk	10 Pizza Cheese Crunchers Tossed Salad Fruit Milk	11 Chicken Tenders Whole Grain Roll Green Beans Curly Fries Fruit Milk
14 Chicken Patty on WG Bun French Fries Steamed Broccoli Fruit Milk	15 Traveling Taco Lettuce/Cheese/Salsa Rice Refried Beans Corn Fruit Milk	16 Wings Tater Tots Celery Sticks and Dip WG Roll Fruit Milk	17 Hot Ham & Cheese on Pretzel Roll Curly Fries California Blend Vegetables Fruit Milk	18 Pizza Tossed Salad Whole Grain Cookie Fruit Milk
21 Pancakes Sausage Patty Hash Brown Fruit Milk	22 Macaroni and Cheese Soft Pretzel Rod Stewed Tomatoes Steamed Broccoli Fruit Milk	23 Popcorn Chicken Bowl Whole Grain Roll Mashed Potatoes/Gravy Corn Fruit Milk	24 Bacon Cheeseburger on WG Bun Baked Beans Onion Rings Fruit Milk	25 Pizza Sticks with Marinara Sauce Tossed Salad Fruit Milk
28 Chicken Alfredo over Penne Pasta Green Beans Fruit Milk	29 Nacho Grande with Tortilla Chips Lettuce/Cheese/Corn/Salsa Refried Beans Fruit Milk	30 General Tso Chicken Brown Rice Steamed Broccoli Fruit Milk	Menu subject to change without notice Student Lunch \$2.50 Milk \$.50	
30 Hot Ham & Cheese on Pretzel Roll French Fries California Blend Vegetables Fruit Milk	Carrot Sticks, Salad, Juice Cups, and Fresh/Canned Fruit offered everyday			

**Breakfast Served Daily**  
**7:15 am - 7:40 am**  
**\$1.40**

In addition to the entrees listed above, the cafeteria also offers a variety of hot & cold sandwiches and premade salads

*"This institution is an equal opportunity provider."*